



Categoria: **INTEGRAL 2**

ORDINO		
Distància	Temps de pas	Mitja
200	00:12.0	60
400	00:24.0	60
600	00:36.0	60
800	00:48.0	60
1000	01:00.0	60
1200	01:12.0	60
1400	01:24.0	60
1600	01:36.0	60
1800	01:48.0	60
2000	02:00.0	60
2200	02:12.0	60
2400	02:24.0	60
2600	02:36.0	60
2800	02:48.0	60
3000	03:00.0	60
3200	03:12.0	60
3400	03:24.0	60
3600	03:36.0	60
3800	03:48.0	60
4000	04:00.0	60
4200	04:12.0	60
4400	04:24.0	60
4600	04:36.0	60
4800	04:48.0	60
5000	05:00.0	60
5200	05:12.0	60
5400	05:24.0	70
5600	05:34.3	70
5800	05:44.6	70
6000	05:54.9	70
6200	06:05.1	70
6400	06:15.4	70
6600	06:25.7	70
6800	06:36.0	70
7000	06:46.3	70
7200	06:56.6	65
7400	07:07.6	65
7600	07:18.7	65
7800	07:29.8	65
8000	07:40.9	65
8200	07:52.0	65
8400	08:03.0	65
8600	08:14.1	65
8800	08:25.2	65

CANILLO		
Distància	Temps de pas	Mitja
200	00:12.0	60
400	00:24.0	60
600	00:36.0	60
800	00:48.0	60
1000	01:00.0	60
1200	01:12.0	60
1400	01:24.0	60
1600	01:36.0	70
1800	01:46.3	70
2000	01:56.6	70
2200	02:06.9	70
2400	02:17.1	70
2600	02:27.4	70
2800	02:37.7	70
3000	02:48.0	70
3200	02:58.3	65
3400	03:09.4	65
3600	03:20.4	65
3800	03:31.5	65
4000	03:42.6	65
4200	03:53.7	65
4400	04:04.7	65
4600	04:15.8	65
4800	04:26.9	65
5000	04:38.0	65
5200	04:49.1	65
5400	05:00.1	65
5600	05:11.2	65
5800	05:22.3	65
6000	05:33.4	65
6200	05:44.4	65
6400	05:55.5	65
6600	06:06.6	65
6800	06:17.7	65
7000	06:28.7	65
7200	06:39.8	65
7400	06:50.9	65
7600	07:02.0	65
7800	07:13.1	65
8000	07:24.1	65
8200	07:35.2	65
8400	07:46.3	65
8600	07:57.4	65